

Tips for Adults



Resources 4 Teens:

SafeLink, Massachusetts statewide hotline program, 877-785-2020

DOVE (Domestic Violence Ended) Youth Hotline, 617-773-4878

Peer Listening Line, Fenway Community Health Center (for gay/lesbian/bisexual/transgender youth), 800-399-7337

REACH, serving Metro West Boston, 800-899-4000

The National Teen Dating Abuse Helpline, 866-331-9474 and TTY 866-331-8453

Boston Area Rape Crisis Center Hotline, 617-492-RAPE

Peer Listening Line, Fenway Community Health Center (for gay/lesbian/bisexual/transgender youth), 800-399-7337

The domestic violence officer at your local police department Massachusetts Drug and Alcohol Hotline, 800-327-5050

National Runaway Switchboard (Greyhound Home Free Program), 800-621-4000

MA Department of Children and Families Child-at-Risk Hotline (abuse or neglect), 800-792-5200

TIP: It is never too early to teach self-respect. No one has the right to tell your teenager who to see, what to do, or what to wear. No one has the right to hit or control anyone else.

TIP: Give your teenager a chance to talk. Listen quietly to the whole story.

TIP: If you suspect that your teenager is already involved with an abusive partner, tell your teenager that you are there to help, not to judge. If your teenager does not want to talk with you, help your teenager find another trusted person to talk with.

TIP: Focus on your teen; do not put down the abusive partner. Point out how unhappy your teenager seems to be while with this person.

TIP: If your teenager tries to break up with an abusive partner, advise that the break be definite and final. Support your teenager's decision and be ready to help. Get advice from teen dating violence prevention hotlines or teen counselors how to support your child through a relationship break up.

TIP: Take whatever safety measures are necessary. Have friends available so your teenager does not have to walk alone. Consider changing class schedules or getting help from the guidance counselor, school principal, or the police if necessary.

Source: <http://www.eap.partners.org/>

